WOMEN SELF DEFENCE PROGRAMME

A two month programme on self-defence of girls was conducted by the NSS units of Mangaldai Commerce College, Mangaldai. It started from 10.27 AM and continues till 11.30 AM. The trainer Sri. Akash Sandilya had given training to 10 numbers of girls students of our college, who took active participation in this programme. They showed energy as well as safety measure to protect themselves from any unexpected situation.



TOPICS: TREE PLANTATION PROGRAMME (WORLD ENVIRONMENT DAY)

Tree plantation programme was held in our college campus on 05-06-2017 at 10.30 AM. The volunteers of NSS unit actively participated in the programme. Principal, NSS programme officer, Faculty members, Staffs and NSS volunteers planted saplings in our college premises. Principal had also explained about the trees and the importance of tree plantation. At the end of programme there was a photo session.



FREE HEALTH CHECK UP CAMP

A Free medical check-up camp was organized by NSS Unit, Mangaldai Commerce College, Mangaldai with collaboration District Civil Hospital, Mangaldai at college campus. The objective of conducting the health camp was to create awareness of general health among the people, provide general health care services and counselling them on basic health care and hygiene. A total of 70 people were attended in free health check-up camp.



A talk on "Environmental Protection Act (Air, Water & Wildlife)"

A talk on "Environmental Protection Act (Air, Water & Wildlife)" organized by the department of Environmental Studies on 23rd June, 2017. Md. Sultan Shahnewaz Ahmed, Advocate, District Session Court, Mangaldai, Darrang (Assam) attended as resource person of this programme. In his lecture he explained the history of environmental laws, constitutional provision of environmental law, types of laws etc. On his speak Ahmed discuss on several contemporary issues and developments in the area of Environmental law and management, both at the national and international level were taken up. As many as more than 32 students and 6 faculty members of this college participated and benefitted by this talk.



STREET PLAY

The street play was staged at Karim Chowk, Mangaldai to create awareness against child marriage. The street play was about 08 minutes long and the actors/actress tried to reflect the different types of harassment a child faces after child marriage through the street play. A good number of people watched the street play and even interacted with the media appreciating the efforts.



NSS DAY CELEBRATION

The NSS day is celebrated on 24^{th} September every year. This year also the NSS unit of Mangaldai Commerce College celebrated NSS day with great enthusiasm and creativity. On this day, NSS unit organized a friendly cricket match with teaching staff at college campus.



Departmental Programme on Disaster Management

The department of Environmental Studies had organized a talk on "Disaster Management" on 19th April, 2018 for college students. Md. Abdul Aziz, Asst. Professor cum HOD, department of commerce, Kharupetia College, Darrang (Assam) attended as a resource person of this programme. Mr. Aziz delivered the lecture on the topics "DISASTER MANAGEMENT". In his lecture he explained the concept, types, causes and consequences of natural disaster. He also explained that disaster is not only created by nature but in large extent it is also created by human beings. Further he explained the role of public and student community in controlling and smooth management of this disaster. As many as more than 50 students and 4 faculty members of this college participated and benefitted by this talk.



Environmental awareness programme

Under the patronage of principal Mangaldai Commerce College, Mangaldai, Darrang (Assam) I, Sabibar Rahman, Asst. Professor, department of Environmental Studies, under took a drive namely Environmental awareness among the students of Bandia High Madrasa, Mangaldai, Darrang (Assam) on 5th June, 2018 by planting a number of samplings along with 20 students. The School authority took a respective note from me when I delivered a lecture among school staff and students about the environment.



PLANTATION AND AWARENESS PROGRAMME (WORLD ENVIRONMENT DAY)

On 05-06-2018, the NSS unit of Mangaldai Commerce College organized a tree plantation programme at Bandia High Madarasa School in Mangaldai, Darrang District (Assam). School students enthusiastically participated in planting trees such as Neem, Teak, and Rain Tree etc. with the help of NSS volunteers. School students received an award for their knowledge of trees and value of trees. More than 50 school students participated in the tree planting programme and benefited from it. The programme involved more than 25 NSS volunteers along with programme officer Mr. Sabibar Rahman. The programme began at 9.30 AM and ended 3.25 PM.



INTERNATIONAL YOGA DAY

Yoga training programme was held on 21st June, 2018, on the occasion of International Yoga Day. Volunteers performed a series of Asanas viz Muktasana, Mayurasana, Sukhasana and much more. Volunteers were also enlightened about the benefits of practicing Yoga in their daily life. More than 20 Asanas were demonstrated by Yogacharya Miss. Nani Kalita. Honourable Principal of Mangaldai Commerce College, Sri. Pankaj Kumar Saha and NSS programme officer Mr. Sabibar Rahman also attended this programme.



EDUCATION AWARENESS PROGRAMME

An awareness programme on education among children of a backward village school was conducted by NSS unit, Mangaldai Commerce College on 10-09-2018, under the guidance of programme officer Mr. Sabibar Rahman. It was observed that they were not aware about value of education and parents are mostly illiterate.



Survey on Biodiversity

A survey on "Biodiversity" was conducted by department of Environmental Studies, Mangaldai Commerce College, Mangaldai, Darrang (Assam) on 15-09-2019 in our college campus. There were 35 students who took active participate in the survey under the guidance of Mr. Sabibar Rahman, Asst. Prof., Department of Environmental Studies, Mangaldai, Darrang, Assam. The students were taught about our natural vegetation and their responsibility to protect for sustainable livelihood.



CAMPUS CLEANLINESS PROGRAMME (GANDHI JAYANTI)

On 2nd October 2019 Mangaldai Commerce College organized cleanliness drive under Swacch Bharat Abhiyaan Mission on the occasion Gandhi Jayanti. The main purpose of this programme was to create awareness among the students regarding cleanliness and its benefits. Under this programme, all the volunteers from NSS unit had to participate. Our Principal Sir started the programme by cleaning the approach road in front of the college gate. Thereafter, our Principal delivered the speech about the waste management of the college.



SWACHHATA HI SEVA CAMPAIGN

Swachhata Hi Seva was observed at Mangaldai Commerce College by NSS volunteers on 14-10-2019. The main purpose of organizing the programme was to make the campus clean as well to make the students towards the responsibilities of the society. 28 numbers of volunteers actively participated in the programme. The programme was lead by NSS programme officer Mr. Sabibar Rahman.



INDUSTRIAL VISIT

An Industrial visit to "Sunandaram Foods Pvt. Ltd." industrial area Mangaldai, Darrang (Assam) was successfully organized by the department of Environmental Studies on 10th December, 2020. 30 students and 02 faculty members, one myself and another Mr. Kamaleswar Deka, Asst. Professor, Mangaldai Commerce College, Mangaldai, Darrang (Assam) visited to Sunandaram Foods Pvt. Ltd. to understand the production activity, management process, technology works, health and hygienic condition of industry and also to acquire knowledge and experience.



An awareness programme on COVID-19

An awareness programme was held by NSS Unit during pandemic situation. The volunteers distributed mask among the people. Volunteers also provide leaflet and hand sanitizer among people to create awareness.



Training Programme on "Green Environment"

A training Programme on "Green Environment" was organized by the Department of Environmental Studies on 15-02-2021. Dr. Gajen Chandra Sarma, Retd. Professor, Department of Botany, Gauhati University was attended as a resource person of this training programme. Dr. Sarma began his presentation by mentioning the term "Green" for environment which means "Eco friendly" or not "Damaging the Environment". Dr Sarma also spoke energy management, water management, bio-diversity conservation and waste management. He suggested the students to create more awareness among others on climate change and join awareness programme to make the world safer to live. There are 40 participants in this training programme, who actively took part in the programme.



CLEAN INDIA PROGRAMME

On the occasion of "Azadi Ka Amrit Mahatsav" a month long clean India programme was organized by the NSS unit, Mangaldai Commerce College, Mangaldai, from 12-03-2021. The main purpose of the programme was to create awareness among the students and the people regarding cleanliness and its benefits. As part of this cleanliness drive, we cleaned the whole college campus, Khairabari Bus Stand and nearby areas of the college campus.



Field study on Fresh Water Eco System

A field study on "Fresh Water Eco System at Char area, Mangaldai" was conducted by department of Environmental Studies, Mangaldai Commerce College, Mangaldai, Darrang (Assam) on 25-10-2021 at Char area, under Mangaldai Development Block. There were 30 students who took active participation in the field study under the guidance of Mr. Sabibar Rahman, Asst. Prof., Department of Environmental Studies, Mangaldai, Darrang, Assam. They were told to protect our nature by keeping water resources from pollution.



Visit on Tea Garden area

A visit on "Tea Garden area of Tangni Tea Estate, Mangaldai, Darrang (Assam)" was done by the group of 10 students along with In-Charge Teacher Mr. Sabibar Rahman on 08-02-2022 to explore livelihood nature of labourer.



Yuva Tourism Club

The department of Environmental Studies had organized a talk on "Yuva Toursim Club" on 12 August, 2023 for college students. As many as more than 40 students and 5 faculty members of this college participated and benefitted by this talk.





<mark>Amrit Brikshya Andolan</mark>

Tree plantation programme was held in our college campus on 15-09-2023 at 10.00 AM. The volunteers of NSS unit actively participated in the programme. Principal, NSS programme officer, Faculty members, Staffs and NSS volunteers planted saplings in our college premises. Principal had also explained about the trees and the importance of tree plantation. At the end of programme there was a photo session.





Celebration of Gandhi Jayanti

On 2nd October NSS unit has celebrated a national holiday in remembrance and honour of the birth of Mohandas Karamchand Gandhi, "Father of The Nation', as Gandhi Jayanti. Gandhiji's two main principles were peace and non-violence. To follow his principles today on 'International Day of Non-Violence' NSS unit of Mr. Sabibar Rahman, Asst. Prof. in Environmental Science, Mangaldai College has organizes cleanliness drive and conducted Nonviolence Rally under the guidance of Principal Mr. Pankaj Saha Sir in College Campus. The entire event were well coordinated by dept. of Environmental Science sir.





FREE HEALTH CHECK UP CAMP

A Free medical check-up camp was organized by Mangaldai Commerce College, Mangaldai with collaboration District Health Management at Gadhiapara, Mangaldai. The objective of conducting the health camp was to create awareness of general health among the people, provide general health care services and counselling them on basic health care and hygiene. A total of 65 people were attended in free health check-up camp.



